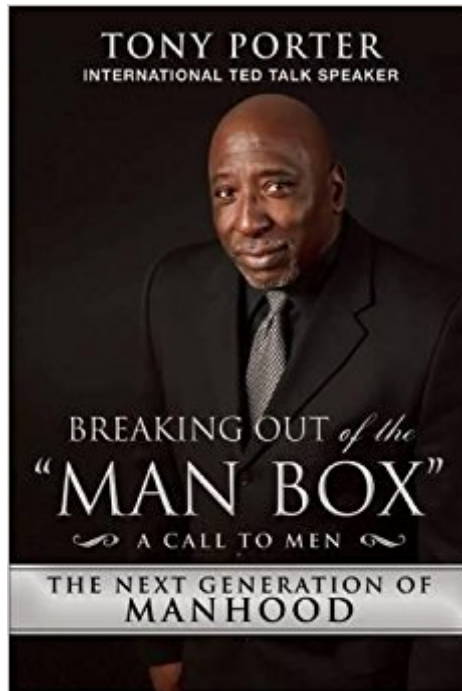




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# Breaking Out Of The "Man Box": The Next Generation Of Manhood



## Synopsis

An international TED Talk speaker, Tony Porter challenges manhood and male socialization, which he defines as the “man box.” Tony Porter works closely with the NFL, the NBA, the MLB, the US military, colleges, universities, and numerous other organizations to prevent violence against women and girls by promoting healthy, respectful manhood. Now, in *Breaking Out of the “Man Box”*, Porter’s message is directed at all men. This book tackles the collective socialization of manhood and provides an in-depth look at the experiences of boys and men. In an effort to understand the many aspects of what it means to be a man, Porter suggests the topic is worthy of being rethought, challenged, and even redefined. This book will help men—fathers, husbands, brothers, coworkers, etc.—unpack and correct those realities. *Breaking Out of the “Man Box”* boldly exposes the connection between male socialization and the quest to end violence against women and girls. Porter provides an honest and transformative experience, empowering men to create a world where men and boys are loving and respectful—and a human race where women and girls are valued and safe. On the heels of national movements and initiatives such as the NFL’s NoMore.org, this book provides men with the knowledge and understanding to explore how to create that world.

## Book Information

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## Customer Reviews

ADVANCE PRAISE FOR BREAKING OUT OF THE “MAN BOX” • “Tony is a man of great character and virtue, a leader in the charge to end domestic violence. It has been an honor to

fight that battle alongside him. With *Breaking Out of the Man Box* • Tony has taken the extra step to offer organic solutions to cement a culture change to end domestic violence using the illustration of the man box. • His book challenges us all to be better men, not just bystanders, but in pursuit of doing the right thing. •

• Troy Vincent, executive vice president, NFL Football Operations • *Breaking Out of the Man Box* • is a powerful look at manhood and its connection to violence against women. This transformative read is for fathers, sons, husbands, brothers and friends • for any man who wants to create a world where all men and boys are loving and respectful and all women and girls are valued and safe. Readers will want to be part of the Next Generation of Manhood. •

• James Brown, network broadcaster, CBS Sports and CBS News • A life-changing read for the well-meaning man. *Breaking Out of the Man Box* • heightens readers' awareness of their potential impact on women in their lives and communities, and lays a bold foundation for preventing violence against all women and girls. •

• Peter Buffet, copresident, NoVo Foundation • Tony Porter's book is a well-meaning man's call to other well-meaning men to end the silence, ask difficult questions of ourselves and those around us, and begin a unified discussion that will lead to a lasting, meaningful solution. •

• Danny Pino, actor, NBC's *Law & Order: SVU*

Tony Porter is an educator, activist, and lecturer. He is the cofounder of the organization A Call to Men. He is both nationally and internationally recognized as a leading voice on male socialization, the intersection of masculinity and violence against women, and healthy, respectful manhood. Tony's TED Talk has been named by GQ Magazine as one of the Top 10 TED Talks Every Man Should See. •

I've been a facilitator for a batterers program for six years. This has given me great insight in to the foundations of male privilege, and how to better discuss the issue with batterers. I'm inspired, and want to get involved with A Call to Men. I'd like to start something in my community.

It was a perfect fit for the group I sponsor at Hutchinson Correctional Facility called Reaching Out From Within. Thank you so much.

I think it could have been said in 1 page no need for a whole book. I was veeey disappointed

Great book! I've heard Tony speak at a couple of "A Call to Men" workshops.

A must read for all men who want to make the world a better place! This is the book that I've been looking for. Women can say that patriarchy hurts men too and feminism is the tide that raises all ships, but until men are mentored by other men...the message falls on deaf ears. How do we thoroughly smash the patriarchy? By confronting the narrow definition of manhood that oppresses men and dehumanizes women. This short book has the power to open many eyes if it gets into the right hands. I hope it does.

As I raise my daughter this book brings to light several things that I myself was doing and was not aware. This is an important read for all men who care about the women in there lives and aspire to break out the "Man Box" and bNew ecome the man our women need.

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